

SPORTS

This Week's Action!



Date	Team, Place & Time
Thurs., Sept. 2	Raider freshmen football vs. Weimar, Here, 6:30 p.m.
Fri., Sept. 3	Lady Raider volleyball vs. Living Waters, Here, 5 p.m.
Sat., Sept. 4	Raider varsity football at Weimar, 7:30 p.m.
Sat., Sept. 4	Lady Raider freshman volleyball at Needville Tournament
Tues., Sept. 7	Lady Raider volleyball at Shiner, 5 p.m.
Thurs., Sept. 9	Raider freshmen football vs. Shiner, Here, 6:30 p.m.

Columbus Health & Fitness Center Announces Water Aerobics

Monday & Wednesday Evenings; 5:30-6:30 p.m.

Beginning Sept. 13, 1999

For More Information, Call

732-8023

Come together for a high energy, wave making experience and get in shape all year!

Lady Raiders take part in two tournaments

Rice High School Varsity volleyball team has been very busy over the past two weeks. They participated in the Columbus and Shiner Tournaments.

In the Columbus Tournament, the Lady Raiders played the host team and lost 4-15 and 2-15.

In the second round of the tournament, they met Industrial. The Lady Raiders won the match in three games, 13-15, 15-12 and 15-6.

In the third round, they met the Lady Bulldogs of Yoakum. The Lady Raiders beat them the first game, 15-13, but fell short in game two and three, 7-15 and 5-15.

Many good things came out of the Columbus Tournament. The team had some good games with some key plays. Serving was one of their strong points.

In the Shiner Tournament, the first opponent was Somerset. The Ladies played close for the entire match, but just couldn't put everything together. The scores were 12-15, 15-5 and 10-15.

Cuero became the next victim. The Lady Raiders took them in three games, 15-2, 10-15 and 15-10.

In the second game, the team's serving wasn't as consistent and it showed.

The next team waiting to play the Lady Raiders was T.S.D.

This match was ended after two games, 15-3, 15-7. Beating TSD in two games was a goal and the team achieved it.

The fourth and final match of the tournament was against the Lady Mustangs of Nixon-Smilely for consolation.

Both teams played extremely hard. The Lady Raiders won the first game 16-14 and fell short in the next two 13-15 and 2-15.

The members of the varsity team are seniors Shanna Waligura and Angela Phillips; juniors Stacy Schneider and Martha Rodriguez; and sophomores Shelley Boenisch, Jacqueline Thomas, Kristen Thompson, Janna Janish and Crystal Alcaral.

"Our team is very young, but they are playing together great. We have

had key plays from each of these girls. I expect to see great things from these girls in the near future," said their coach.

Donner is front-runner for Hill trophy

Reggie Donner, son of James Wright of Eagle Lake and University of Central Oklahoma (UCO) senior sensation and returning All-American who will be one of the front-runners this season for the Harlon Hill Trophy that goes to the NCAA Division II Player of the Year, will bear the bulk of the offensive load this season as UCO's primary ball carrier after having shared that spot the past two seasons and Reggie is ready to handle the 25-plus carries he's expected to get.

Let us give a little of background information on Eagle Lake's own Reggie Donner:

He is capable of going through or around defenders with lethal combination of strength and speed, a punishing runner who is a threat to break in the clear on every carry...Is the strongest player on the team, able to bench press 475 pounds, and an explosive runner who gets through the hole in a hurry with great quickness and acceleration.

Reggie has had a dozen 100-yard games in two-year UCO career, with the Bronchos unbeaten in those 12 contests.

He has rushed for 2,314 yards and 28 touchdowns at UCO, needing 1,003 yards to move into second place on the school's career rushing list.

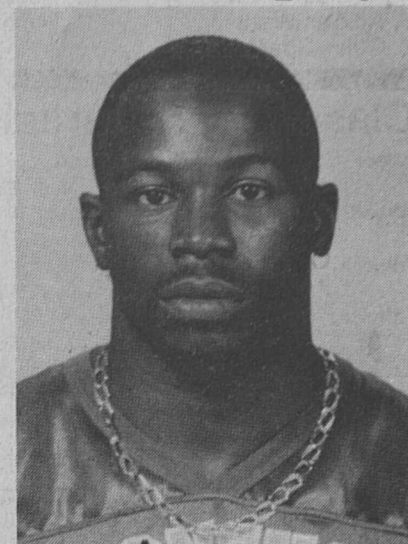
Reggie was named pre-season Player of the Year in the Lone Star Conference North Division for the second straight year.

In 1998, he had an incredible junior season, rushing for 1,546 yards, second-best in school history; and 19 touchdowns to earn LSC North Division Offensive Back of the Year honors; finished fifth in the voting for the Harlon Hill Trophy and was a first-team All-American pick by *Football Gazette*; led the league and finished 15th in Division II with 1,432 rushing

yards and 16 touchdowns in the regular season, then added 114 yards and three scores in UCO's two playoff games;

He also tied a single-season school record with eight 100-yard games, with four of 150-plus yards; was a three-time LSC North Division Offensive Player of the Week pick and scored two-plus touchdowns in seven games; had 43 runs of 10-plus yards during the season, including six of 35-plus—35, 54, 57, 75, 80 and 89; added 37 yards on five receptions to finish with 1,583 all-purpose yard and rank fourth on UCO's single-season list; went over the 100-yard mark against Southeastern (24-191), East Central (32-186), Northeastern State (33-151), Southwestern (18-150), Harding (11-142), Langston (16-139), Texas A&M Kingsville (22-125), and Tarleton State (23-120);

Also, in 1997 did not join the team until just before pre-season drills but quickly showed that he would be a factor; rushed for 768 yards and nine touchdowns in 107 carries despite missing four complete games to injury; had nine carries for 90 yards in the season-opener then missed the next two games with a shoulder injury; came back and had four straight 100-yard games before missing two games and most of another with a knee ailment; returned for the season-finale and rushed for 85 yards and two second-half touchdowns to spark comeback-from-behind win over Northeastern



State; broke the century mark against Harding (33-206), East Central (14-172), Tarleton State (16-110) and Langston (12-100);

Also, in 1993 saw plenty of playing time at Texas A&M Kingsville, rushing for 374 yards and four touchdowns in 105 attempts; in 1992 redshirted at Texas A&M Kingsville; in 1992 four time All-District pick at Rice Consolidated High School in Altair, and had his prep jersey (20) retired; rushed for 1,000 plus yards as both a junior and senior; and was also a two-year track letterman.

Reggie is a general studiest major and has two children, ShaDonna and Ashley, and enjoys basketball as a hobby.

BMC Tour of Houston is now on the Internet

BMC Software has launched the official web site for the Tour of Houston bike race, <http://cycling.bmc.com>. The site provides the latest information of Houston's premier professional cycling event, as well as interactive games that cycling enthusiasts of all ages and levels can enjoy.

Visitors to the site can obtain up-to-date information on the BMC Tour of Houston, including individual racers and participating teams, race results, race week special events, course maps and viewing locations, and links to cycling associations and race sponsors. Racing enthusiasts can follow their favorite teams, while novice and recreational riders can learn the lingo of professional cycling.

"We are thrilled with the enthusiasm BMC has shown professional cycling," says Philip Milburn, USA Cycling chief operating officer. "This new site allows local fans and people around the world to be a part of this world-class cycling event. Not only does it enhance the identity of the BMC Software Tour of Houston, but it also increases the visibility and appreciation for professional cycling as a whole."

ELMS v-ball gets underway

The Eagle Lake Middle School 7th and 8th grade girls volleyball teams got action underway against Sealy Monday, Aug. 23.

The 7th grade girls A team lost its matches to Sealy 15-9, 12-15 and 15-17.

The 7th grade B team lost its

matches to Sealy by the score of 6-15, 10-15.

The 8th grade A and B teams on the other hand were victorious with the A team winning 15-10, 15-4; and B team, 11-15, 15-3 and 15-5.

A list of the players for the teams will be in next week's *Headlight*.

Pilot Club reports meeting

The Pilot Club of Eagle Lake held their business meeting and program meeting Wednesday, Aug. 11, at the Rice Medical Center meeting room.

The officers for the term July 1, 1999, through June 30, 2000, were

presented: President Mary Ann Kaluza; President-elect Karen Teichman; Treasurer Barbara Pidgeon; Secretary Lois Quenneville; Lifeline Representative Dorothy Kohleffel.

Guests at this meeting were Ernie Sommerlatte, Lucille Perry, Judy Brisco, Susan Hernandez, Mary Lea Houston and Margaret Dixon.

Dixon presented the program for the meeting. She is the coordinator for Hospice in this area. She presented a very informative video program.

Pilot International is a service organization whose main focus is brain related disorders.

The Eagle Lake Club has set its main focus as the Lifeline System. The Lifeline units are in the homes of about 20 individuals in the Eagle Lake area.

The Pilot Club has Lifeline units available. Contact Dorothy Kohleffel for more information.

The Pilot Club meets on the second Wednesday of each month at noon. The next meeting will be Sept. 8 and will be the official visit from our Lt. Governor of Region IV Barbara McIntyre.

Please contact any Pilot member if you are interested in Pilot International or would like more information about Lifeline Systems.

Foot Facts

By Dr. Eric R. Tepper, Podiatrist

TARSAL TUNNEL SYNDROME

Tarsal tunnel syndrome (TTS) is a rare cause of foot pain and numbness in the sole. Symptoms are worse in the evenings after activity. Obesity and any underlying, more generalized nerve disorder (polyneuropathy) will aggravate the condition. When the posterior tibial nerve is trapped at the affected site - inside the ankle just below the bony prominence - the patient feels an electric-like "zinger." When TTS is suspected, electrodiagnostic testing can confirm the diagnosis. TTS may resolve itself spontaneously, and non-surgical treatments are not as effective as they are with carpal tunnel syndrome. For these reasons, doctors may suggest a "wait and see" period when TTS is diagnosed. Treating the symptoms may involve weight loss, treating any polyneuropathy, orthotics, or surgery.

When you first visit our office because you are experiencing unusual symptoms or pain, we'll conduct a physical exam and diagnostic tests to determine your foot problem. Once a diagnosis is made, we'll develop a treatment plan designed to relieve your discomfort or correct the problem. We'll also give you helpful tips for avoiding foot problems in the future. We offer a wide range of modern podiatric treatments and procedures at our office at Rice Medical Center. I am there every Tuesday. Phone 234-5571.

P.S. Because TTS is an uncommon condition, always ask the surgeon how many procedures he or she has done before choosing this treatment.

JOHN B. MYRES, D.D.S.
234-3525

Located on 90-A
at Laughlin Road

Views On Dental Health

GINGIVITIS CAN BE CORRECTED

Gingivitis is an inflammation of the gums. It can be acute or chronic. Local causes are mouth infection, plaque, unremoved tartar (calculus) around the teeth, faulty dental work, poor bite and even unhealthy mouth breathing. Poor oral hygiene produces a high incidence of this infection.

Symptoms: gums are inflamed in a band at the neck of the teeth; they are swollen, red or purple and bleed at the slightest touch. Pockets in the gums (a separation of the gum from the teeth) in which bacteria gather and multiply, are formed from an accumulation of tartar. There could be pus or film coming from

under the gum line when the gum is pressed. Unpleasant breath and a bad taste are common.

Your dentist treats local gingivitis by removing the tartar. Any decay that has already occurred can be alleviated. Only regular visits to your dentist can save your teeth and gums through removal of tartar and plaque and then prescribed oral hygiene programs.

Presented as a public service to promote better dental health. From the office of JOHN B. MYRES, D.D.S., 700 S. McCarty Avenue, Eagle Lake, 234-3525.

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Immaculate Conception Church

Sealy, Texas

Bazaar & Homecoming Sunday, Sept. 5

Knights of Columbus Hall — Highway 90 West, Sealy

Barbecue Dinner & Supper

Serving begins at 10:30 a.m.

Adult Plates: \$6.00

Child Plates: \$3.00

Daytime Music by Ray Krenek and...

KRENEK'S & THE TEXAS SOUNDS

Auction: 1:30 P.M.

EVERYONE WELCOME!

About Town...

*Baylor University awarded 646 academic degrees to students at the 1999 summer graduation. Congratulations to Robbin Shea McClanahan who received her Bachelor of Arts degree.

*P.D. Karnick of Tallahassee, a rider on the Amtrak Sunset Limited which derailed on the outskirts of Eagle Lake July 8, recently sent a copy of an article which was published in a Tallahassee newspaper. He commented on the people of Eagle Lake being kind and helpful.

After spending the night with a nephew in Houston, they drove to Tallahassee the next day. Even after his experience, Karnick says, "I love traveling by train," and added that he won't let this incident stop him from traveling by train.

*Dina Kohleffel, of Houston, daughter of Mr. & Mrs. Raymond Kohleffel of Eagle Lake, was recently mentioned in an article in the *Houston Chronicle* on Sunday, Aug. 15.

Dina, director of development for the Museum of Natural Science, said she entered the fast-paced and challenging arena because of a career choice that helps others and makes a difference in the life of the community. An internship in the department of development at The University of Texas her senior year gave her more direction. She planned to go into some

aspect of medicine and had done a lot of volunteer work in the hospital because she was seeking a career in which she could give back to the community. Her stint in the development office made the difference. Stop by the Houston Museum of Natural Science to check out the hard work being done by Kohleffel and others at the museum.

*Gary Tise finds himself a year older. He and approximately 52 others celebrated at his home with barbecue with all the trimmings. A great time was had by all.

*It was great to see Mrs. T.W. Scott and daughter, Patsy, out and about doing some shopping at Wal Mart in Columbus. We sure do miss you around Eagle Lake, Mrs. Scott.

*Pvt. James E. Cotton, son of James E. Smith and Sandra F. Cotton of Eagle Lake, recently completed basic training at Marine Corps Recruit Depot in San Diego. He is a 1996 graduate of Rice High School.

*The children, grandchildren and great-grandchildren of Roy and Anna Belle Marshall invite you to a reception Sunday, Sept. 27, from 2 to 4 p.m. at the First Baptist Church Fellowship Hall. The Fellowship Hall is located the corner of Lake and Prairie Streets. No gifts please; your friendship and presence is the nicest gift of all.

Lucy's

The Place To Be...
For Fun, Friends & Firewater

LIVE ENTERTAINMENT!

Friday Nite, Sept. 3

Saturday Nite, Sept. 4

Carroll Nelson Border Line

(Country) 8 p.m. to Midnight

(Various) 9 p.m. to 1 a.m.

For More Information, Call 234-3188 after 5 p.m.

Glen Flora Road (FM 3013 Cut-off)

Eagle Lake